

	Team/Pr	ogram:																	
	Coach N	ame(s):																	
	Coach E-	mail(s):																	
						Do you p	lan on atl	tending th	ne state c	ompetitio	on?								
							Yes		No										
					1K Time T	rial	2.5	K Road Ra	ace	5K Road Rad		ce		10K Road Race			25K Road Race		
Athlete Nam	e)			:			:			:	•		:			:	•		
	, 			min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	
				1K	Unified Ro	oad Race	2.5K U	Inified Roa	ad Race	5K UI	ified Road	касе	10K Unified Road Race			25K Unified Road Race			
(Gender)	Athlete or Partner	(DO	OB)	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	
250M Tii	Time Trial 500M Time Trial			1K Ta	andem Roa	d Race 2.5K Tandem I			ad Race	5K Ta	ndem Road	d Race	10K Tandem Road Race			25K Tandem Road Race			
	:	!		:		•	:	:	•	:	:	•	:			:	:	•	
min	sec	min	sec	hr	min	sec	hr	min	sec	hr	min	sec	min	sec	ths	hr	min	sec	
				1K	Time Trial		2.5	K Road Ra	ace	5	K Road Rac	e	10	OK Road R	ace	25	K Road Ra	ce	
Athlete Nam	ie)			:			:			:			:			:	•		
				min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	
				1K Unifiied Road Race		d Race	2.5K Unified Road Ra		ad Race	5K Unified Roa		d Race	10K U	nified Roa	d Race	25K Uı	nified Roa	d Race	
(Gender)	Athlete or	(= = -/		:			:			:			:			:	•		
	Partner			min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	
250M Tii	me Trial	500M	Time Trial	1K T	andem Ro	ad Race	2.5K Ta	andem Ro	ad Race	5K Ta	5K Tandem Road		10K Tandem Road Race			25K Tandem Road Race			
	:		•	:		,	:			:		•				:	•	•	
min	sec	min	sec	hr	min	sec	hr	min	sec	hr	min	sec	min	sec	ths	hr	min	sec	
				1	IK Time Tr	ial	2.5K Road Race			5	K Road Rac	е	10	OK Road R	ace	25	25K Road Race		
Athlete Nam	Athlete Name)						:			:	•		:			:	•		
				min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	
				1K U	Inified Roa	ad Race	2.5K U	Inified Roa	ad Race	5K Uı	nified Road	Race	10K l	Jnified Ro	ad Race	25K U	nified Roa	d Race	
(Gender)	Athlete or	(D(OB)	:	:	,	:			:			:			:	•		
Partner		(DOB)		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	
250M Ti	me Trial	500M	Time Trial	1K Tar	ndem Road	d Race	2.5K Ta	andem Ro	ad Race	5K Ta	ndem Road	Race	10K Ta	andem Ro	ndem Road Race		25K Tandem Road F		
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	Team/Pr	ogram:																
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						Do you p	lan on att	tending tl	ne state c	ompetitic	n?							
							Yes		No									
					1K Time T	rial 2.5K Roa		K Road R	Road Race		5K Road Rad		10	K Road Ra	ce	25K Road Race		ice
Athlete Nam	e)			min	sec	ths	min	sec ·	ths	min	• sec	ths	min	sec ·	ths	min	• sec	ths
				1K Unified Tim		ne Trial	2.5K Unified Roa		ad Race	5K Un	5K Unified Road		10K Unified Road Race			25K Unified Road Race		
(Gender)	Athlete or	(5))D)	:			:			:	: .		:			:		
(defider)	Partner	(DOB)		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
250M Tii	me Trial	500M T	ime Trial	1K Ta	ndem Tim	e Trial	2.5K T	andem Ro	ad Race	5K Ta	ndem Roa	d Race	10K Ta	andem Roa	ad Race	25K Ta	ndem Roa	ad Race
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min	sec	min	sec	hr	min	sec	hr	min	sec	hr	min	sec	min	sec	ths	hr	min	sec
				1K	Time Trial		2.5	K Road R	ace	51	K Road Rac	:e	10	OK Road R	ace	25	K Road Ra	ice
Athlete Nam	thlete Name)			:			:	: .		: .			: .		: .			
				min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
				1K Unifiied Time Tr		e Trial	2.5K Unified Ro		d Race	5K U	5K Unified Road		10K U	nified Road	d Race	25K Uı	nified Roa	d Race
(Gender)	Athlete or			:	•		:			:			:			•	•	
(dender)	Partner			min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
250M Tii	ne Trial	500M T	ime Trial	1K Tandem Time Trial			2.5K Tandem Road Race			5K Tandem Road Race		d Race	10K Tandem Road Race			25K Tandem Road Race		
	:	:		:	•		:	:		:	:	•	:			:	:	•
min	sec	min	sec	hr	min	sec	hr	min	sec	hr	min	sec	min	sec	ths	hr	min	sec
				1	K Time Tr	ial	2.5K Road Race			51	K Road Rac	:e	10	OK Road Ra	эсе	25K Road Race		
Athlete Nam	Athlete Name)						:			:			:			:	•	
				min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
				1K U	Inified Tim	ne Trial	2.5K U	Inified Ro	ad Race	5K Ur	ified Road	Race	10K l	Jnified Roa	ad Race	25K U	nified Roa	d Race
(Gender)	Athlete or	(D()B)	:	•		:			:	•		:			•	•	
(66.166.)	(Gender) Athlete of Partner		(DOB)		sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
250M Tii	ne Trial	500M T	ime Trial	1K Tar	ndem Time	Trial	2.5K Tandem Road Race			5K Tandem Road Rac		Race	ce 10K Tandem Road Race			25K Tandem Road Race		
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							Yes		No									
					1K Time T	rial 2.5K Roa		K Road R	Road Race		5K Road Rad		10	K Road Ra	ce	25K Road Race		ice
Athlete Nam	e)			min	sec	ths	min	sec ·	ths	min	• sec	ths	min	sec ·	ths	min	• sec	ths
				1K Unified Tim		ne Trial	2.5K Unified Roa		ad Race	5K Un	5K Unified Road		10K Unified Road Race			25K Unified Road Race		
(Gender)	Athlete or	(5))D)	:			:			:	: .		:			:		
(defider)	Partner	(DOB)		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
250M Tii	me Trial	500M T	ime Trial	1K Ta	ndem Tim	e Trial	2.5K T	andem Ro	ad Race	5K Ta	ndem Roa	d Race	10K Ta	andem Roa	ad Race	25K Ta	andem Roa	ad Race
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min	sec	min	sec	hr	min	sec	hr	min	sec	hr	min	sec	min	sec	ths	hr	min	sec
				1K	Time Trial		2.5	K Road R	ace	51	K Road Rac	:e	10	OK Road R	ace	25	K Road Ra	ice
Athlete Nam	thlete Name)			:			:	: .		: .			: .		: .			
				min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
				1K Unifiied Time Tr		e Trial	2.5K Unified Ro		d Race	5K U	5K Unified Road		10K U	nified Road	d Race	25K Uı	nified Roa	d Race
(Gender)	Athlete or			:	•		:			:			:			•	•	
(derider)	Partner			min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
250M Tii	ne Trial	500M T	ime Trial	1K Tandem Time Trial			2.5K Tandem Road Race			5K Tandem Road Race		d Race	10K Tandem Road Race			25K Tandem Road Race		
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min	sec	min	sec	hr	min	sec	hr	min	sec	hr	min	sec	min	sec	ths	hr	min	sec
				1	K Time Tr	ial	2.5K Road Race			51	K Road Rac	:e	10	OK Road Ra	эсе	25K Road Race		
Athlete Nam	Athlete Name)						:			:			:			:	•	
				min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
				1K U	Inified Tim	ne Trial	2.5K U	Inified Ro	ad Race	5K Ur	ified Roac	Race	10K l	Jnified Roa	ad Race	25K U	nified Roa	d Race
(Gender)	Athlete or	(D()B)	:	•		:			:	•		:			•	•	
(66.166.)	(Gender) Athlete of Partner		(DOB)		sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
250M Tii	ne Trial	500M T	ime Trial	1K Tar	ndem Time	Trial	2.5K Tandem Road Race			5K Tandem Road Rac		Race	ce 10K Tandem Road Race			25K Tandem Road Race		
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min	sec	min	sec	hr	min	sec	hr	min	sec	hr	min	sec	min	sec	ths	hr	min	sec



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	Coach N	ame(s):																
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							Yes		No									
					1K Time T	rial 2.5K Roa		K Road R	Road Race		5K Road Rad		10	K Road Ra	ce	25K Road Race		ice
Athlete Nam	e)			min	sec	ths	min	sec ·	ths	min	• sec	ths	min	sec ·	ths	min	• sec	ths
				1K Unified Tim		ne Trial	2.5K Unified Roa		ad Race	5K Un	5K Unified Road		10K Unified Road Race			25K Unified Road Race		
(Gender)	Athlete or	(5))D)	:			:			:	: .		:			:		
(defider)	Partner	(DOB)		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
250M Tii	me Trial	500M T	ime Trial	1K Ta	ndem Tim	e Trial	2.5K T	andem Ro	ad Race	5K Ta	ndem Roa	d Race	10K Ta	andem Roa	ad Race	25K Ta	andem Roa	ad Race
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min	sec	min	sec	hr	min	sec	hr	min	sec	hr	min	sec	min	sec	ths	hr	min	sec
				1K	Time Trial		2.5	K Road R	ace	51	K Road Rac	:e	10	OK Road R	ace	25	K Road Ra	ice
Athlete Nam	thlete Name)			:			:	: .		: .			: .		: .			
				min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
				1K Unifiied Time Tr		e Trial	2.5K Unified Ro		d Race	5K U	5K Unified Road		10K U	nified Road	d Race	25K Uı	nified Roa	d Race
(Gender)	Athlete or			:	•		:			:			:			•	•	
(derider)	Partner			min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
250M Tii	ne Trial	500M T	ime Trial	1K Tandem Time Trial			2.5K Tandem Road Race			5K Tandem Road Race		d Race	10K Tandem Road Race			25K Tandem Road Race		
	:	:		:	•		:	:		:	:	•	:			:	:	•
min	sec	min	sec	hr	min	sec	hr	min	sec	hr	min	sec	min	sec	ths	hr	min	sec
				1	K Time Tr	ial	2.5K Road Race			51	K Road Rac	:e	10	OK Road Ra	эсе	25K Road Race		
Athlete Nam	Athlete Name)						:			:			:			:	•	
				min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
				1K U	Inified Tim	ne Trial	2.5K U	Inified Ro	ad Race	5K Ur	ified Road	Race	10K l	Jnified Roa	ad Race	25K U	nified Roa	d Race
(Gender)	Athlete or	(D()B)	:	•		:			:	•		:			•	•	
(66.166.)	(Gender) Athlete of Partner		(DOB)		sec	ths	min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths
250M Tii	ne Trial	500M T	ime Trial	1K Tar	ndem Time	Trial	2.5K Tandem Road Race			5K Tandem Road Rac		Race	ace 10K Tandem Road Race			25K Tandem Road Race		
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