

ALPINE SKIING RULE INTERPRETATIONS

SECTION A - GENERAL RULES

- A-1. In cases not covered by these interpretations the Federation Internationale de Ski (FIS) for Alpine Skiing will govern. Rules can be downloaded at <http://www.fis-ski.com>.
- A-2. Athletes will not be allowed to wear jewelry or awards during competition. Athletes will also be expected to dress appropriately for weather. No jeans will be allowed during competition.
- A-3. The Games Rule Committee will make all final decisions.
- A-4. No advertising or sponsorship is allowed to be worn on competition uniforms or warm-ups.
- A-5. Athletes must compete and have a qualifying score in a Regional event to attend the State Winter Games. DQ's may be contested on a case-by-case basis. It is the coach's responsibilities to contest status. Coach should contact their Regional Manager.
- A-6. At all times athletes are expected to compete to the best of their ability to ensure a quality competition at all levels. Coaches are expected to provide accurate/honest scores of their athlete's ability.

SECTION B - EVENTS

- B-1. Events offered:
- a. *Regionals*
 - *2019 and 2020 – Super G and Giant Slalom*
 - *2021 and 2022 – Super G and Slalom*
 - b. All three events will be offered at state
 - Super G (Saturday) Giant Slalom and Slalom (Sunday)
 - Levels: Novice, Intermediate and Advanced
 - All events offered in Sit Ski, Loose Tether and Taut Tether
 - c. Unified Alpine
 - Total times of athletes and Unified Partners will be used to determine divisions and places.
 - Athletes and Unified Partners will need to race in proper order at proper times or face possible disqualification.

SECTION C – EQUIPMENT & FACILITIES

- C-1. *All competitors and forerunners must wear a crash helmet for official training as well as for the race that meets the FIS Equipment Specifications. Soft ear protection is only permitted for helmets used in Slalom. All helmets must carry an approved tag. Competitors without an approved tag will not be allowed to start. (FIS rule 707)*
- C-2. Course Set Up:
- a. Two slalom poles, separated by a distance of 4 to 6 meters across the fall line shall be used to establish a slalom gate.
 - b. In Giant Slalom and Super G (downhill), two sets of two poles with a panel between, constitute a gate.
 - c. For Giant Slalom, the distance from the turning pole to the outside pole

- d. across the fall line is 4 to 8 meters.
- e. The Super G (downhill) distance is no less than 8 meters.
- f. For Giant Slalom and Super G (downhill), panels shall be used.
- f. The first gate or set of gates, after the start should always be red.

- C-3. Whenever possible, electric timing equipment, with backup system, shall be used. When this is not possible, hand held timing may be used. Gate judges shall be responsible for timing the two minutes for the two-minute rule (see Section D-2).

SECTION D - RULES OF COMPETITION

D-1. Divisioning

- a. All coaches are reminded to review the section on Divisioning of the Special Olympics Colorado Coach Handbook.
- b. All skiers will participate in time trials prior to attending competition. Coaches should submit the fastest time for athletes.
- c. The Venue Director has the right to have an athlete re-run the course for a more accurate score during the time trials.

- D-2. Two Minute Rule: During competition, if the competitor moves out of the general direction of the line of the course (falls, misses a gate, loses a ski, etc) he/she shall have 2 minutes from the time of the deviation to re-enter the course. A competitor who fails to adhere to this 2-minute time limit, or receives assistance of any kind, shall be disqualified. Disqualification shall be determined on the gate card by the gate judge assigned to the gate closest to where the infraction occurred. The gate judge is responsible for timing the 2 minutes.

- D-3. The start command for all alpine events at each ability level shall be as follows: "5. 4. 3. 2. 1. Go!" The timer begins when the athlete's front boot crosses the start line, or when the electric timer is activated.

- D-4. The Giant Slalom will consist of two timed runs. The combined times for each will determine the results for awards. Athletes who do not successfully complete two timed runs will be disqualified in the event and will receive a participation ribbon.
Please refer to A-5 for information on advancement after a DQ.

D-5. Super G (Downhill)

- a. Competition organizers may vary the degree of difficulty of the Super G (downhill) courses dependent upon the ability levels of the competing athletes.
- b. One training (inspection) run prior to the race on the same course is required of all athletes.
- c. The Super G (Downhill) race will consist of one timed run.