



Date:	May 5, 2019
Location:	Paul Derda Recreation Center, Broomfield, CO
Medical/Class A Deadline:	April 5, 2019 (<i>Forms can be mailed or e-mailed</i>)
Entry Deadline:	April 5, 2019 (<i>Entries can be mailed or e-mailed</i>)
Items to Submit:	Class A Coach Roster Individual Entry Form
Competition Notes and Schedule:	9:00 am – Young Athletes, Registration and Warm Ups 9:10 am – 9:50 am – Young Athletes Showcase 10:00 am – 10:45 am – Registration/Warm Ups 10:45 am – 11:00 am –Opening Ceremonies 11:00 am – 1:15 pm – Competition 1:15 pm – 2:00 pm – Awards by teams 2:00 pm – 3:30 pm – sandwiches and ice cream
Meals:	Late lunch will be provided.
Lodging:	No lodging will be provided.
Governing Bodies:	Special Olympics Colorado Rule Interpretation and the Official Special Olympics Sports Rules for all events shall govern all Special Olympics competitions. In cases not covered by these interpretations, the following rules will govern per sport (and can be downloaded at the following sites): <u>Gymnastics</u> : USA Gymnastics - www.usagym.org .

COMPETITION NOTES

- Female gymnasts may specialize by competing in one or more events, up to a maximum of five events. Male gymnasts may specialize by competing in one or more events, up to a maximum of seven events.
- Female athletes must choose either rhythmic OR artistic competition - Not Both!
- An entry level must be submitted for all athletes in each event. Optional is for Level 3 only.

Level A or B – Lead up
Level 1 – Beginner
Level 2 – Intermediate
Level 3 – Advanced

- Gymnasts specializing in particular events may compete on two levels, with one level difference between artistic competitions. In rhythmic competition, they must be at the same level.
- Athletes not in appropriate competition attire are subject to disqualification.
- Competition attire includes:
 - Male: Tank top or t-shirt; white gymnastic pants or shorts; white socks, slippers or bare feet
 - Female: Leotards; colored tights with bare feet are permitted but will be a deduction of .1 from the score; white peds, slippers or bare feet