

SPECIAL OLYMPICS COLORADO
BASKETBALL INDIVIDUAL SKILLS SCORE SHEET
2019

REGION _____ PROGRAM _____

ATHLETE _____

DIVISION _____

For Coaches Only

Please do not submit with entry form

SKILL #1 - TARGET PASS

PASSES:

1

2

3

4

5

TOTAL _____

- 3 Points hit the wall inside square
- 2 Points hit the lines of square
- 1 Point hit the wall but not in or on any part of square
- 1 Point catch ball in air or after 1 or more bounces while standing in box
- 0 Points ball bounces before hitting wall

SKILL #2 - 10 METER DRIBBLE

TRIAL 1

TRIAL 2

BEST SCORE

CONVERSION CHART (SECONDS = POINTS)					
0-2=30	4.1-5=24	7.1-8=18	10.1-12=12	16.1-18=6	22.1&Up=1
2.1-3=28	5.1-6=22	8.1-9=16	12.1-14=10	18.1-20=4	
3.1-4=26	6.1-7=20	9.1-10=14	14.1-16=8	20.1-22=2	

SKILL #3 - SPOT SHOT

BASKET HEIGHT

8 FT _____ 10 FT _____

8 FT BASKET HEIGHT FOR JUNIORS OR WHEELCHAIRS ONLY

SPOT:

1 1

3 3

5 5

2 2

4 4

6 6

TOTAL _____

- Spots 1 & 2 = 2 Points
- Spots 3 & 4 = 3 Points
- Spots 5 & 6 = 4 Points
- Miss but hit the backboard and/or ring = 1 Point

GRAND TOTAL	
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This grand total number will go onto the Skills Entry Form