

CROSS COUNTRY SKIING ENTRY FORM

Region:

Head Coach Day of Contact Number:

Team/Program:

DO YOU PLAN ON
ATTENDING STATE MARCH
2 AND 3, 2019?

Coach Name(s):

YES

NO

Coach E-mail(s):

		25M Race			50M Race			100M Race			500 M Race					
		:	.		:	.		:	.		:	.				
(Athlete Name)		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths			
		1K Race			2.5K Race			5K Race			7.5K Race			10K Race		
		:	.		:	.		:	.		:	.		:	.	
(Gender)	(DOB)	min	sec	ths	min	sec	ths	hr	min	sec	hr	min	sec	hr	min	sec
Athlete/Partner		1K Race Unified			2.5K Race Unified			5K Race Unified			7.5K Race Unified			10K Unified		
		:	.		:	.		:	.		:	.		:	.	
		min	sec	ths	min	sec	ths	hr	min	sec	hr	min	sec	hr	min	sec

		25M Race			50M Race			100M Race			500 M Race					
		:	.		:	.		:	.		:	.				
(Athlete Name)		min	sec	ths	min	sec	ths	min	sec	ths	min	sec	ths			
		1K Race			2.5K Race			5K Race			7.5K Race			10K Race		
		:	.		:	.		:	.		:	.		:	.	
(Gender)	(DOB)	min	sec	ths	min	sec	ths	hr	min	sec	hr	min	sec	hr	min	sec
Athlete/Partner		1K Race Unified			2.5K Race Unified			5K Race Unified			7.5K Race Unified			10K Unified		
		:	.		:	.		:	.		:	.		:	.	
		min	sec	ths	min	sec	ths	hr	min	sec	hr	min	sec	hr	min	sec

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		:	.		:	.		:	.		:	.		:	.	
		min	sec	ths	min	sec	ths	hr	min	sec	hr	min	sec	hr	min	sec

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	: .	: .	: .	: .	: .		
(Gender) (DOB)	min sec ths	min sec ths	hr min sec	hr min sec	hr min sec	hr min sec	
	1K Race Unified	2.5K Race Unified	5K Race Unified	7.5K Race Unified	10K Unified		
Athlete/Partner	: .	: .	: .	: .	: .		
	min sec ths	min sec ths	hr min sec	hr min sec	hr min sec	hr min sec	

	25M Race	50M Race	100M Race	500 M Race			
	: .	: .	: .	: .			
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	1K Race	2.5K Race	5K Race	7.5K Race	10K Race		
	: .	: .	: .	: .	: .		
(Gender) (DOB)	min sec ths	min sec ths	hr min sec	hr min sec	hr min sec	hr min sec	
	1K Race Unified	2.5K Race Unified	5K Race Unified	7.5K Race Unified	10K Unified		
Athlete/Partner	: .	: .	: .	: .	: .		
	min sec ths	min sec ths	hr min sec	hr min sec	hr min sec	hr min sec	

	25M Race	50M Race	100M Race	500 M Race			
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(Gender) (DOB)	min sec ths	min sec ths	hr min sec	hr min sec	hr min sec	hr min sec	
	1K Race Unified	2.5K Race Unified	5K Race Unified	7.5K Race Unified	10K Unified		
Athlete/Partner	: .	: .	: .	: .	: .		
	min sec ths	min sec ths	hr min sec	hr min sec	hr min sec	hr min sec	

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	min sec ths	min sec ths	hr min sec	hr min sec	hr min sec		

	25M Race	50M Race	100M Race	500 M Race			
	: .	: .	: .	: .			
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Athlete/Partner	: .	: .	: .	: .	: .		
	min sec ths	min sec ths	hr min sec	hr min sec	hr min sec		

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	min sec ths	min sec ths	hr min sec	hr min sec	hr min sec		

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Athlete/Partner	: .	: .	: .	: .	: .		
	min sec ths	min sec ths	hr min sec	hr min sec	hr min sec	hr min sec	

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	1K Race Unified	2.5K Race Unified	5K Race Unified	7.5K Race Unified	10K Unified		
Athlete/Partner	: .	: .	: .	: .	: .		
	min sec ths	min sec ths	hr min sec	hr min sec	hr min sec	hr min sec	

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