



Middle and High Schools should:

1. Begin a Unified Sports® program or Special Olympics sports program that must include Unified Experiences. A general education class or group of student volunteers must be included in any practices or training sessions that are being held and can serve as unified partner and/or peer coaches.
2. You are required to teach or incorporate at least one lesson from the Special Olympics 'Get Into It' curriculum to the general education class. Each of the four lessons can be downloaded, free of charge, through the Special Olympics website.
3. You must implement at least one school-wide activity that promotes Be a fan and/or End the R-Word campaigns.
4. Meet with Special Olympics staff for face to face meetings to discuss your specific Project UNIFY Program.
5. Submit a monthly log. These "reports" will give Special Olympics staff a better look into your program and what activities you've done through the month. This will be a very simple requirement and is outlined under the Monthly Logs definition in the initiatives section of this kit.
6. Your school should also try to create and implement a Fan Club for Project UNIFY. These clubs will be comprised of students that want to help in the activities being promoted through your Project UNIFY program.
7. Organize some sort of culminating activity. This activity can be classroom-based, school-based or include multiple schools in your district/area. The activity could be a competition or could be your school-wide activity. Finally, you will be asked to complete an online survey, provided by the University of Massachusetts, towards the end of the school year which serves as an evaluation of the grant project. This survey will be completed by all schools, across the country, to gather statistics and results for the nationwide Project UNIFY movement.
8. Other suggestions that are encouraged from every school involved in Project UNIFY are:
 - a. Participation in the Project UNIFY Essay Contest. Student volunteers and Special Olympics athletes may submit short essays by the designated deadline (usually mid-Spring) telling of their experiences of participation in Project UNIFY. Winners from Elementary, Middle, and High School levels will receive a cash prize.
 - b. Participation in the State House rally for Project UNIFY. All schools will be invited to attend this youth-driven event (end of March) to promote Be a fan and End the R-Word campaigns.
 - c. Sharing of photos, videos, and stories of their activities and event using web-based resources, such as the Special Olympics Fan Community site.